FORM D



UNITED STATES SECURITIES AND EXCHANGE COMMISSIONED Washington, D.C.

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NOTICE OF SALE OF SEĞÜRLI PURSUANT TO REGULAT **SECTION 4(6), AND/OR**

UNIFORM LIMITED OFFERING EXEMPTION

Name of Offering (check if this is an amendment and name has changed, and indicate change.) Flexible Premium Variable Universal Life Insurance (Sun Life of Canada (U.S.) Variable Ac	count H) -LCPPVULPSV		
Filing Under (Check box(es) that apply):	ULOE		
A. BASIC IDENTIFICATION DATA			
1. Enter the information requested about the issuer			
Name of Issuer (Check if this is an amendment and name has changed, and indicate change.) Sun Life of Canada (U.S.) Variable Account H			
Address of Executive Offices (Number and Street, City, State, Zip Code) One Sun Life Executive Park, Wellesley Hills, MA 02481	Telephone Number (Including Area Code) (781)-237-6030		
Address of Principal Business Operations (Number and Street, City, State, Zip Code) (if different from Executive Offices)	Telephone Number (Including Area Code)		
Brief Description of Business Insurance Company Separate Account	PROCESSED		
Type of Business Organization	please specify): THOMSUN		
Actual or Estimated Date of Incorporation or Organization: Month 1 9 8 Actual Esti Jurisdiction of Incorporation or Organization: (Enter two-letter U.S. Postal Service abbreviation for State CN for Canada; FN for other foreign jurisdiction)	mated		
CENEDAL INSTRUCTIONS			

Federal:

Who Must File: All issuers making an offering of securities in reliance on an exemption under Regulation D or Section 4(6), 17 CFR 230.501 et seq. or 15 U.S.C. 77d(6).

When To File: A notice must be filed no later than 15 days after the first sale of securities in the offering. A notice is deemed filed with the U.S. Securities and Exchange Commission (SEC) on the earlier of the date it is received by the SEC at the address given below or, if received at that address after the date on which it is due, on the date it was mailed by United States registered or certified mail to that address.

Where To File: U.S. Securities and Exchange Commission, 450 Fifth Street, N.W., Washington, D.C. 20549.

Copies Required: Five (5) copies of this notice must be filed with the SEC, one of which must be manually signed. Any copies not manually signed must be photocopies of the manually signed copy or bear typed or printed signatures.

Information Required: A new filing must contain all information requested. Amendments need only report the name of the issuer and offering, any changes thereto, the information requested in Part C, and any material changes from the information previously supplied in Parts A and B. Part E and the Appendix need not be filed with the SEC.

Filing Fee: There is no federal filing fee.

This notice shall be used to indicate reliance on the Uniform Limited Offering Exemption (ULOE) for sales of securities in those states that have adopted ULOE and that have adopted this form. Issuers relying on ULOE must file a separate notice with the Securities Administrator in each state where sales are to be, or have been made. If a state requires the payment of a fee as a precondition to the claim for the exemption, a fee in the proper amount shall accompany this form. This notice shall be filed in the appropriate states in accordance with state law. The Appendix to the notice constitutes a part of this notice and must be completed.

ATTENTION

Failure to file notice in the appropriate states will not result in a loss of the federal exemption. Conversely, failure to file the appropriate federal notice will not result in a loss of an available state exemption unless such exemption is predictated on the filing of a federal notice.

> Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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A. BASIC IDENTIFICATION DATA Enter the information requested for the following: Each promoter of the issuer, if the issuer has been organized within the past five years; Each beneficial owner having the power to vote or dispose, or direct the vote or disposition of, 10% or more of a class of equity securities of the issuer. Each executive officer and director of corporate issuers and of corporate general and managing partners of partnership issuers; and Each general and managing partner of partnership issuers. Check Box(es) that Apply: ✓ Promoter Executive Officer General and/or Beneficial Owner Director Managing Partner Full Name (Last name first, if individual) Sun Life Assurance Company of Canada (U.S.) Business or Residence Address (Number and Street, City, State, Zip Code) Attn: Vice President, Corporate Markets - SC1145, One Sun Life Executive Park, Wellesley Hills, MA 02481 Promoter Executive Officer Check Box(es) that Apply: Beneficial Owner General and/or Managing Partner Full Name (Last name first, if individual) Business or Residence Address (Number and Street, City, State, Zip Code) Check Box(es) that Apply: Promoter Beneficial Owner Executive Officer Director General and/or Managing Partner Full Name (Last name first, if individual) Business or Residence Address (Number and Street, City, State, Zip Code) Check Box(es) that Apply: Executive Officer General and/or Promoter Beneficial Owner Director Managing Partner Full Name (Last name first, if individual) Business or Residence Address (Number and Street, City, State, Zip Code) Check Box(es) that Apply: Beneficial Owner Executive Officer General and/or Promoter Director Managing Partner Full Name (Last name first, if individual) Business or Residence Address (Number and Street, City, State, Zip Code) Check Box(es) that Apply: Beneficial Owner Executive Officer Promoter General and/or Director Managing Partner Full Name (Last name first, if individual) Business or Residence Address (Number and Street, City, State, Zip Code) Promoter Executive Officer Check Box(es) that Apply: Beneficial Owner General and/or Director Managing Partner Full Name (Last name first, if individual) Business or Residence Address (Number and Street, City, State, Zip Code)

					В. І	NFORMAT	ION ABOU	T OFFERI	NG				
				,		11			al : cc			Yes	No
1. Has	2							X					
3 101	Answer also in Appendix, Column 2, if filing under ULOE.						\$ N/A	λ.					
2. Wh	2. What is the minimum investment that will be accepted from any individual?												
3. Doo	es the offe	ring po	ermit join	nt ownershi	p of a sing	gle unit?						Yes	No E
						vho has bee							
	commission or similar remuneration for solicitation of purchasers in connection with sales of securities in the offering. If a person to be listed is an associated person or agent of a broker or dealer registered with the SEC and/or with a state												
or s	tates, list t	he nan	ic of the b	oroker or de	aler. If m	ore than five	e (5) persoi	is to be list	ed are asso				
					informat	ion for that	broker or	dealer only	<i>r</i> ,				
Full Nar Byers, I	ne (Last n David	ame fi	rst, if ind	lividual)									
		ence A	ddress (N	Number and	Street, C	ity. State. 7	ip Code)						
				Birmingha		_	•						
	Associate	ed Bro	ker or De	aler									
Pro-Equ			instal tita	- 0 - 12 - 14 - 4	1_4 3	to Solicit	D						
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MT RI			[NV]	NH TN	NJ TX	NM UT	NY VT	NC VA	ND WA	OH WV	OK WI	OR WY	PA PR
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				Number an , Birmingha		City, State, 2 209	Zip Code)						
	Associate				<u> </u>							· · ·	
M Holdi	ings Secu	rities											
States in	Which Pe	erson I	isted Ha	s Solicited	or Intends	to Solicit	Purchasers	-					
(Ch	eck "All S	States"	or check	individual	States)								l States
(A/L	. Ak	<	AZ	AR	CΛ	CO	CT	DE	DC	FL	GA	НІ	ID
IL		<u> </u>	IA	KS	KY	LA	ME	MD	MA	MI	MN	MS	MO
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Wood, W													
				Number an Birmingha		City, State, 2	Zip Code)						
	Associate				III, AL 334	209							
	ngs Secui												
States in	Which Po	erson L	isted Ha	s Solicited	or Intends	to Solicit	Purchasers						
(Ch	(Check "All States" or check individual States)												
AC	. Al	<	AZ	AR	CA	CO	CT	DE	DC	FL	GA	HI	[ID]
IL			IA	KS	KY	LA	ME	MD	MA	MI	MN	MS	MO
MT	_		NV [SD]	NH	NJ	NM	NY	NC)	ND	OH	OK)	OR	PA
RI		[.]	SD	TN	TX	UT	VT	VA	WA	\overline{WV}	WI	WY	PR

C. OFFERING PRICE, NUMBER OF INVESTORS, EXPENSES AND USE OF PROCEEDS

1.	Enter the aggregate offering price of securities included in this offering and the total amount already sold. Enter "0" if the answer is "none" or "zero." If the transaction is an exchange offering, check this box \(\subseteq \) and indicate in the columns below the amounts of the securities offered for exchange and already exchanged.		
	Type of Security	Aggregate Offering Price	Amount Already Sold
	Debt		s
	Equity		
	Common Preferred	<u></u>	. *
	Convertible Securities (including warrants)	2	\$
	Partnership Interests		
	Other (Specify Separate Account)		
	Total		§ 29.7 Million
	Answer also in Appendix, Column 3, if filing under ULOE.	?	
2.	Enter the number of accredited and non-accredited investors who have purchased securities in this offering and the aggregate dollar amounts of their purchases. For offerings under Rule 504, indicate the number of persons who have purchased securities and the aggregate dollar amount of their purchases on the total lines. Enter "0" if answer is "none" or "zero."	Number	Aggregate Dollar Amount
		Investors	of Purchases
	Accredited Investors	4	\$_29.7 Million
	Non-accredited Investors		\$
	Total (for filings under Rule 504 only)		\$
	Answer also in Appendix, Column 4, if filing under ULOE.		
3.	If this filing is for an offering under Rule 504 or 505, enter the information requested for all securities sold by the issuer, to date, in offerings of the types indicated, in the twelve (12) months prior to the first sale of securities in this offering. Classify securities by type listed in Part C — Question 1.		
	Type of Offering	Type of Security	Dollar Amount Sold
	Rule 505		\$
	Regulation A		\$
	Rule 504		\$
	Total		\$_0.00
4	a. Furnish a statement of all expenses in connection with the issuance and distribution of the securities in this offering. Exclude amounts relating solely to organization expenses of the insurer. The information may be given as subject to future contingencies. If the amount of an expenditure is not known, furnish an estimate and check the box to the left of the estimate.		
	Transfer Agent's Fees		\$_0.00
	Printing and Engraving Costs		\$ 0.00
	Legal Fees		\$ 0.00
	Accounting Fees	_	\$ 0.00
	Engineering Fees	J	\$ 0.00
	Sales Commissions (specify finders' fees separately)		§ 1,553,761.96
	Other Expenses (identify)		\$ 0.00
	Total		\$ 1,553,761.96

		ring price given in response to Part C — Question - Ouestion 4.a. This difference is the "adjusted gr	n 1	29 146 220 04
,	proceeds to the issuer."			\$
5.	Indicate below the amount of the adjusted gross preach of the purposes shown. If the amount for a check the box to the left of the estimate. The total of proceeds to the issuer set forth in response to Par	ny purpose is not known, furnish an estimate a of the payments listed must equal the adjusted gro	ind	
			Payments to Officers.	
			Directors, & Affiliates	Payments to Others
	Salaries and fees		[\$ 0.00	\$ 0.00
	Purchase of real estate			\$ <u></u> 0
	Purchase, rental or leasing and installation of ma	chinery	s_ 0.00	\$ 0.00
	Construction or leasing of plant buildings and fac-			s 0.00
	Acquisition of other businesses (including the va	lue of securities involved in this ets or securities of another		□\$ 0.00
	issuer pursuant to a merger)			
	Repayment of indebtedness		<u> </u>	\$ 0.00 - 0.00
	Working capital			\$ 0.00
	Other (specify):		\$_0.00	\$_0.00
			\$0.00	\$_0.00
	Column Totals		s 0.00	\$ 0.00
	Total Payments Listed (column totals added)		_\$_\$	8,146,238.04
		D. FEDERAL SIGNATURE		
sig	e issuer has duly caused this notice to be signed by the nature constitutes an undertaking by the issuer to fu information furnished by the issuer to any non-acc	rnish to the U.S. Securities and Exchange Com-	mission, upon writte	
Iss	uer (Print or Type)	Signature	Date	
Sı	un Life of Canada (U.S.) Variable Account H	Chi Lorenti	10-13-	06
Na	ne of Signer (Print or Type)	Title of Signer (Print or Type)		
Chr	is Lombardi	Business Systems Officer		

- ATTENTION -

Intentional misstatements or omissions of fact constitute federal criminal violations. (See 18 U.S.C. 1001.)